



# Polio NSW Country Conference Program

**Saturday 22 September 2018**  
**Port Macquarie Panthers**  
**1 Bay Street, Port Macquarie**

- 9.00am – 9.30am**      **REGISTRATION**
- 9.30am – 9.40am**      **Welcome to Country – Uncle Bill O’Brien, OAM, Birpai Elder.**
- 9.40am – 10.00am**      **Conference Opening**  
**Mayor Peta Pinson, Port Macquarie-Hastings Council.**  
*Disability Inclusion Plan and Access Committee.*
- 10.00am – 11.00am**      **Paul Cavendish, Clinical Educator, Polio Australia, Victoria.**  
*Best Practice or No Practice.*
- 11.00am – 11.30am**      **REFRESHMENTS**
- 11.30am – 12.30pm**      **Dr Roslyn Avery – Rehabilitation Physician, Port Macquarie.**  
*Swallowing Issues for Polio Survivors.*
- 12.30 – 1.15pm**      **LUNCH**
- 1.15pm – 2.15pm**      **Stuart Leckie, Clinical Nurse Consultant, Port Macquarie.**  
*Talking About Pain.*
- 2.15pm – 2.45pm**      **Margaret Invernon, Exercise Physiologist, Armidale.**  
*Keeping Fit as you Age with a Disability.*
- 2.45pm – 3.00pm**      **REFRESHMENTS**
- 3.00pm – 3.30pm**      **Julie Haraksin – Port Macquarie.**  
*Advocacy.*
- 3.30pm – 4.30pm**      **DISCUSSION PANEL**  
  
*Strategies for Maintaining a Comfortable Life.*  
  
**Linda Walters – Occupational Therapist, Taree.**  
  
**Don Scott – Podiatrist, Grafton NSW and Port Macquarie.**  
  
**Peter Clark – Dietitian, Healthier You Dietetics, Port Macquarie.**  
  
**Tania Powick – Principal Certified Financial Planner, Coastal Wealth Directions, Kempsey.**
- 4.30pm - 5.00pm**      **Neville Parsons – CEO of Holiday Coast Credit Union and Rotary Member.**  
*The Role of Rotary in the Eradication of Polio.*
- 5.00pm**      **Close – Gillian Thomas, President, Polio Australia, and President, Polio NSW Inc.**

**Polio NSW Inc**

*Patrons: Michael Lynch AO CBE and Professor Emeritus Sir Gustav Nossal AC CBE FAA FRS*

Polio NSW is a member of Polio Australia